***From Personal to the Universal Retreat Application***

*First of all, thank you for taking the time to fill out an application for Elizabeth’s June 2020 retreat in Vilcabamba Ecuador. It helps us ensure that your background is a good match for this event, which will be energetically strong.*

***Upon acceptance to the retreat, you will be contacted via email* *with details about how to proceed with your deposit payment and lots of helpful hints for planning your trip.***

**Personal Information**

Name:

City: State/Province Country:

E-mail Address:

Age

Occupation:

**Photo**

*Please attach a recent (within 3 months) photo, where your eyes are clearly visible, in the form of a jpeg here.*

**Background with Metaphysics**

Do you have a meditative practice? ❑Yes ❑No

If yes, in 50 words or less, describe your current meditative practice *(include time spent, frequency, and method(s))*:

Do you have an emotional processing technique? ❑Yes ❑No

If yes, in 100 words or less, describe your emotional processing technique *(include method(s) studied)*:

In 50 words or less, describe any extra-sensory faculty that you possess (eg. clairvoyance, clairaudience):

In 150 words or less, describe your background in self-discovery:

In 50 words or less, tell us why you wish to participate in the retreat:

**Background - Medical & Psychological**

*Elizabeth asks for the following information because it allows her to gain insight into your background, conditioning, and current state of well-being. Your answers will be held in strictest confidence. The place and energy of this retreat is strong. Because we will be working with you to help you go beyond the limited, personal self, it is important for us to know beforehand if there are potentially issues that may cause destabilization during the retreat.*

Do you have a chronic illness? ❑Yes ❑No

If yes, in 50 words or less, please describe:

Are you currently taking any medication? ❑Yes ❑No

If yes, in 50 words or less, please describe:

Have you, or any of your immediate family members, ever had any of the following experiences or addictions (*check all that apply*):

❑Alcohol abuse ❑Drug abuse ❑Sexual abuse ❑Overeating ❑Nicotine abuse

❑Eating Disorders ❑Chronic or severe depression ❑Attempted suicide  
❑Hospitalized for psychological reasons ❑Diagnosed with any kind of psychological disorder

If you have answered ‘yes’ to any of the above, in 150 words or less, describe each experience, including when these issues occurred:

In 150 words or less, describe how these experiences are currently affecting your life and what steps you have taken to deal with them:

**Background with Elizabeth**

What is your familiarity with Elizabeth’s work? Please check all that apply:

❑ Read Elizabeth’s book “Healing the Three Minds”

❑ Received a one on one session with Elizabeth

❑ Attended small-group calls

❑ Attended Elizabeth’s 2019 Crestone retreat

❑ Attended a workshop.class or lecture

**Agreements**

❑ I understand that there are 3 pre-requisites that must be completed prior to the retreat:

1. Read Elizabeth’s book, *Healing the Three Minds* (found under offerings on her website)
2. Listen to Lucia Rene’s (Elizabeth’s Teacher) talk on The Mechanics of Processing and Perception (found under Resources page on Elizabeth’s website).
3. Read *The Marriage of Spirit* by Leslie Temple-Thurston because doing so will give the group a common, working vocabulary and will ensure you understand the way in which polarities are held within your conscious/unconscious mind, something we will be working with at the retreat.

I also understand that it will not be possible to attend the retreat if these pre-requisites have not been completed prior to my arrival in Vilcabamba.

❑ I understand that my $195 retreat deposit is to reserve my space and that it is refundable up until 45 days prior to the event. I understand that, during the check-in procedure prior to the retreat, I will be paying the balance due for the retreat in USD cash and that only cash can be accepted in Ecuador. I understand that all room and board costs charged by the Madre Tierra resort will be handled separately and paid directly to Madre Tierra.

❑ I understand that, during the check-in procedure prior to the retreat, I will sign a Release Form stating that I agree to accept 100% responsibility for my experiences.

Signature *(type name here):* Date: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*